

PACKING LIST

SUMMER IN EUROPE

◆ FOR THE CITY & THE COUNTRY ◆

HAPPIEST ◆ WHEN ◆ EXPLORING

ESSENTIALS

- PASSPORT + PHOTOCOPY
- DEBIT + CREDIT CARDS
- CASH + MONEY BELT
- MEDICAL CARD + DRIVER'S LICENSE
- INSURANCE POLICY NUMBER

ELECTRONICS

- CELLPHONE + CHARGER
- PORTABLE CHARGER
- WATERPROOF PHONE CASE
- LAPTOP + CHARGER
- HARD DRIVE (FOR BACKUPS)
- IPAD OR EREADER
- CAMERA + CASE
- EXTRA BATTERY + SD CARD
- USB (FOR PRINTING BOARDING PASSES)

CLOTHING

AMOUNT DEPENDS ON # OF DAYS:

- TOPS: TANK TOPS, T-SHIRTS, BLOUSES
- DRESSES
- SKIRTS (TO BLEND IN - LOCALS HARDLY WEAR SHORTS)
- (1) PAIR OF JEANS/LONG PANTS
- LIGHT CARDIGAN/SCARF (FOR COVERAGE WHEN VISITING RELIGIOUS SITES/ON COOLER EVENINGS)

- UNDERGARMENTS
- (2) SETS OF WORKOUT GEAR (CAN DOUBLE AS PYJAMAS)

RECOMMENDED MATERIALS:

MOISTURE-WICKING SYNTHETICS ARE GREAT BECAUSE THEY DRY FAST (AND SMELL LESS)
NATURAL FIBRES (LIKE HEMP) LET YOUR SKIN BREATHE MORE EASILY SO IT'S YOUR CHOICE - JUST MAKE SURE IT'S LIGHT & COMFORTABLE!

MY EXTRAS

- *ADD IN YOUR EXTRAS!*
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DAILY USE

- SHAMPOO + CONDITIONER
- FACE CREAM
- BODY LOTION
- MAKEUP
- FACE WASH + BODY WASH
- HYGIENE PRODUCTS (TOOTHBRUSH + PASTE, ETC.)

TOILETRIES

- SUNBLOCK (SPF 30 OR MORE)
- LIPBALM (WITH SPF)
- ALOE GEL
- NATURAL HAND SANITIZER
- ARNICA (FOR CUTS & BRUISES)
- FIRST AID KIT
- NAIL CARE KIT

ACCESSORIES

- SUNGLASSES
- HAIR ELASTICS/HAT
- 2 PAIRS OF SHOES (BOTH SIMPLE AND GOOD FOR DAY & NIGHT)
- NYLON BAG (FOR DAY TRIPS/BEACH)
- RAIN JACKET AND/OR UMBRELLA

OPTIONAL

- BLOWDRYER
- RAZOR + SHAVING CREAM
- JEWELLERY
- ESSENTIAL OILS
- HEELS / DRESS SHOES

EXTRAS

- HEADPHONES
- JOURNAL & PEN
- LANGUAGE/PHRASES APP OR BOOK
- BATHING SUIT
- MICROFIBRE TOWEL (FOR HOSTELS)